

Shavuot 2023

All Night* Learn-a-thon

in support of

EZRAH L'NEFESH

Helping minds

Project EzraH presents a new initiative to address the growing need for mental health care in our community. This Shavuot, join us in sponsoring a night of learning! Every hour you learn will raise funds for mental health coverage for those facing constant sleepless nights as a result of unmet mental health needs.

for more information about the program, visit ezrah.org
or contact Emma Kirschner at emma@ezrah.org

All Learn-a-thon participants can enter to win one of three \$50 Amazon gift cards!



**Project EzraH is not liable for lost or stolen hours of sleep.
Please go to bed responsibly.**